





### **NEWSLETTER**

**SEPTEMBER 2019** 

"SERVICE TO SUFFERERS
IS
SERVICE TO GOD"



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#### a power wheelchair, joint venture of Brac University and CRP

On 2nd September, 2019 a team from Brac University came to CRP for demonstrating their modified torque sensor based Electric wheelchair with dedicated solar charger kit. On the basis of the Memorandum of Understanding (MoU) between CRP and Brac University the Research and Engineering team built this wheelchair in the first phase and based on the previous findings and feedbacks provided by the CRP's patients, doctors, therapists and engineers, they completed the necessary modifications in the second phase.







LN4 below elbow

# A team from Brac University presenting



CRP's Executive Director talking to the team

#### **Donation from Rotary Club of Dhaka**

On 3rd September 2019 Rotary Club of Dhaka has donated 22 pieces of LN 4 below elbow, 2 pieces of LN 4 above elbow, 19 pieces of Prosthetic hand accessories, 4 pieces of harness belt to the Prosthetics and Orthotics (P&O) department of CRP.



Dr. Luis Garcia (2nd from left) preparing for an operation

# Dr. Garcia's support to CRP Medical Services Wing A long standing friend of CRP, Dr. Luis Garcia Rodriguez, Head of Spine Unit,

Complexo Hospitalario Universitario A Coruña (CHUAC) did seven spine surgery at CRP-Savar and donated all implants to the patients free of cost by the help of PRIM group, Spain





Guests handing over the prizes to the participants of the sports competition





Wanting Day Says Short In the Control of the Contro

CRP celebrates SCI Day with rally, human chain and sports competition

#### nternational Spinal Cord Injury Day celebrated at CKP-Savar

International Spinal Cord Society (ISCoS) and Asian Spinal Cord Network (ASCoN) observed the 4th International SCI Day on 5th September 2019 with the theme "Live life to the fullest". To observe the day, CRP organised a rally including SCI people from CRP-Savar to Shimultala in the morning of 5th September, 2019 which was followed by a discussion session on causes, consequences, management of spinal cord injury and ensuring inclusive life for persons with spinal cord injury at the Reddaway Hall at 11 am. A total of 200 wheelchair users participated in the rally. There was also a cultural programme where persons with SCI participated.

Md. Jubayer Rahman, Asst. Commissioner, Land, Savar Upazila was the Chief Guest of the programme. The special guests were Dr. Sayemul Huda, Health and Family Planning Officer, Savar Upazila; Dr. Kazi Ayesha Siddika, Health and Family Planning Officer, Savar Pouroshova; Dr. Luis Garcia, Head of Spine unit, CHUAC Hospital, Spain; Professor Dr. Omar Ali Sarker, Principal, Bangladesh Health Professions Institute and Gazi Ashraf Ali, Vice-President, Spinal Cord Injuries Development Association (SCIDAB). The programme was chaired by CRP's Head of Administration, Md. Shahidur Rahman.

CRP also organized a 2 days sports competition for the spinal cord injury patients.

#### International Spinal Cord Injury Day celebrated at CRP-Pabna

CRP-Pabna Diabetic Shamity has observed the International Spinal Cord Injury day-2019 by organizing a group discussion & life experience sharing session with a person with SCI. In that program, 5 persons with SCI participated in an open discussion session with Occupational therapist and CBR staff at the centre. Participants shared their experiences about their life after SCI such as Mr Saifur Rahman, member of SCIDAB, who also the owner of an NGO named 'PRATIK Mohila o Shishu Shongstha' shared how he has developed himself since his injury at the 4 years of age and motivated others to be independent and encouraged them for a productive life. Another participant named Ms Kotha shared how she was stigmatized at society and how she is now enjoying herself by engaging herself in excellent drawing activity and household chores. Later, two videos were shown on scarf injury to improve awareness among the participants. They also expressed the negative social attributes as stigmatization and lack of accessibilities so that CRP can help them to overcome that by modifying the environment and involve them in such activities in the future.



Group discussion on the occasion of SCI Day at CRP-Pabna



Disrict Commossioner Mr. Azior Rahman with SCI patients and CRP staff posing for photo at CRP-Barishal



#### **International Spinal Cord Injury Day celebrated at CRP-Barishal**

CRP Barishal observed the world SCI Day in its new building. Honorable Disrict Commossioner Mr. Azior Rahman was the Chief Guest of the program and the Special Guest was Mr. Johirul Haque, Head of Surgery, Barishal Medical College Hospital.

#### World Physiotherapy Day celebrated at CRP

8th September 2019 is world physiotherapy day. World Confederation for Physical Therapy (WCPT) has been celebrating the day all around the world since 1996. Bangladesh Physiotherapy Association (BPA) has been celebrating the day since 2007. This year the motto of the day is "Physiotherapy is an effective treatment for chronic pain". On the occasion of world physiotherapy day, Bangladesh Physiotherapy Association (BPA) and Centre for the Rehabilitation of the Paralysed (CRP) organized rally, scientific seminar and cultural program. Honorable State Minister, Ministry of Social Welfare, Sharif Ahmed MP was present as a chief guest in the seminar. Mohammad Ismail, Additional Secretary, Ministry of social welfare and Mahfuzur Rahman, Asst. Commissioner, Land, Savar Upazila were present as special guests. Professor Dr Omar Ali Sarker, Principal Bangladesh Health Professions Institute; Professor Md. Obaidul Haque, Founder President of BPA; Associate professor Md. Anwar Hossain, Head of the Physiotherapy department, CRP; President of BPA Dr. Anawarul Quader Nazim; Secretary General of BPA Md. Shahadat Hossain; and freedom fighter Professor Altaf Hossain Sarker were also present. Md. Shafiq-ul Islam, Executive Director, CRP lead the program. Around 500 Physiotherapists, Health Professionals, Physiotherapy Students and Patients were present in this program.



PT Day rally at Dhaka-Aricha highway



Guests on the stage

#### MRS joined Afghanistan's 100 years Reclamation of Independence



BHPI Principal, MRS Faculty & Foreign students at the celebration of 100th anniversary of independence of Afghanistan



BHPI Principal, MRS Faculty & Foreign students with His Excellency the Ambassador of Afghanistan

The Principal, faculty & foreign students of M.Sc. in Rehabilitation Science program of BHPI (An academic institute of CRP) participated and meet with His Excellency the Ambassador of Afghanistan in the Celebration of 100th Anniversary of Afghanistan's Reclamation of Independence on 08 September 2019 from 7pm-9 pm at The Westin Dhaka. The students from SAARC Member States have been studying with scholarships under the project of "Regional Inter-professional Master's Program in Rehabilitation Science" funded by SAARC Development Fund (SDF).

#### **Donations from BACHAO**

On 9th September 2019, BACHAO (Bangladeshi American Charitable Organization) has donated a grant of \$9,000 for the year 2019-2020 "Support to provide sewing machines and wheelchairs among the poor people with disabilities at CRP-Savar" and \$8,500 for "Treatment and Rehabilitation support for the poor and marginalised patient of Afsar Hussain-CRP, Rajshashi."





Poster exhibition

All presenters of the conference

#### First Aid Training to Persons with Disabilities by BDRCS

CRP organized First Aid training in collaboration with the International Committee of Red Cross (ICRC) and Bangladesh Red Crescent Society (BDRCS) on 16th September 2019. The training was organized to celebrate the World First Aid Day which was on 14th September. The theme of the day was, 'Addressing Exclusion through First Aid'. ICRC sponsored the training and BDRCS facilitated the training. A total of 35 participants attended the training which includes staff with disabilities, students of health professions and patients of CRP. The training aimed to train persons with disabilities and students on basic first aid techniques as well as to gain orientation on how to train persons with disabilities. The contents of the training were burn, fracture, chocking, wound, CPR, and so on. The participants received a certificate of attendance issued by ICRC. On the day of the training, Deputy Secretary General of BDRCS, ICRC First Aid Delegate, Country Representative of German Red Cross and Executive Director of CRP were present in the inauguration session. The participants were very happy with the contents, methods and all the arrangements of the training. The significant impact of the training is the changes in the attitudes of BDRCS trainers and volunteers.

# CRP Centre for the Rehabilitation of the Paralysed

#### 18th Asian Spinal Cord Network (ASCoN) Conference, 2019

Md. Shofiqul Islam from the CIVIC and 200-rep trials participated in the 18th Asian Spinal Cord Network (ASCoN) Conference 2019 at Kuala Lumpur, Malaysia from 13th September 2019 to 15th September 2019. He did an oral presentation of two papers mentioned below on behalf of both the CIVIC and 200-rep trials. Alongside the conference, he also met with Prof. Lisa Harvey about the ongoing management of the CIVIC trial. Mr. Shofiqul ensured her that the CIVIC trial is progressing according to the protocol with the expect completion of all 410 participant's 2-year assessments in February 2020. Mr. Shofiqul also attended numerous symposiums and workshops organised by the ASCoN committee.

#### **Oral Presentations**

- MS Hossain, LA Harvey, MS Islam, MA Rahman, JV Glinsky, RD Herbert (2019) A prediction model to identify those people with spinal cord injury likely to die within five years of discharge from hospital in Bangladesh. ASCoN Conference, Kuala Lumpur, Malaysia.
- MS Islam, LW Chen, JV Glinsky, CL Boswell-Ruys, S Denis, C Kataria, J Redhead, E Gollan, M Ben, M Hossain, L Chaudhary, Y Xiong, J Wang, PD Costa, MAK Hasnat, SC Gandevia, LA Harvey (2019) Outcome of Prolonged Multiple Repetitions of Isolated Muscle Contractions on Muscles Affected by Spinal Cord Injury: A Randomised Controlled Trial. ASCON Conference, Kuala Lumpur, Malaysia.



The Executive Director thanking the initiatives of BDRCS and ICRC



Persons with disabilities and students receiving First Aid training

#### BSRM asset transfer program for vocational trainees with disabilities

BSRM Asset Transfer Program was held on 24th September, 2019 at Conference room, CRP and organized by Madhob Memorial vocational Training Institute and Fund Raising department jointly and funded by BSRM Group of Companies. BSRM sponsored 28 persons with disabilities for six month's training in four different trades at CRP's Madhob Memorial vocational Training Institute and handed over the Assets to them. The trades are Electronics repairing, Dress making and Tailoring, Shop management and Computer office application. Ms. Ruhi Murshid Ahmed, Head of Corporate Social Responsibility, Public Relations & Communications, BSRM was the chief guest of the programme. CRP's Executive Director Md. Shafiq-ul Islam chaired the programme. Other staff from CRP and BSRM also attended the handover ceremony. All the trainees received materials and equipment to start their own business in their community. They gave commitment to do their best effort to support their family with their new business. BSRM is one of the most generous donor who is supporting the aim of CRP for establishing the rights of Persons with disabilities through supporting the livelihood program of CRP.



A trainee receiving computer and other accessories

## For Donation, Zakat & Membership Please contact:

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A trainee sharing his experience

