











NEWSLETTER

"Service to Sufferers is Service to God"

> November 2018

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Centre for the Rehabilitation of the Paralysed

OPAS launched at CRP

CRP launched its online payment appointment system (OPAS) on 1st November, 2018. Now the patients can book appointments with the doctors and therapists at CRP from their home. OPAS will also help to reduce the patient queue and the patients will receive services more timely. This facility is only available at CRP-Savar now but soon CRP-Mirpur will offer this service to its patients. It will save patients time and ensure smooth delivery of all services.



CRP's staff launched OPAS



CRP's staff greeting Mr. Asaduzzaman who booked an appointment in OPAS for the first time

Annual Nutrition Fair- 2018



Valerie visiting the stalls



CRP's Founder Valerie A. Taylor inaugurating the fair



CRP's staff and patients enjoying the fair at the Reddaway Hall



Nursing college staff and students with Valerie

To increase awareness regarding nutritious foods related to health services, CRP Nursing College organised a nutrition fair in the Reddaway Hall on 7th November, 2018 in a very festive and colorful way. The Founder & Coordinator of CRP, Valerie A. Taylor inaugurated the fair. Runu Chowdhury, Principal of CRP Nursing College presided over the event. There were eight different stalls, each focusing on a different group; "Foodie" for Spinal Cord Injury (SCI) patients; "Atithi Appayan" for pregnant and lactating mothers; "Rosalo Banjanbarna" for those with anaemia; "Panch Foron" for sufferers of hypertension (HTN) "Rannaghar" for pressure sores; "Charuivati" for Diarrhea; "Rasuighar" Protein, Energy for Malnutrition and "Baharivoj" for Burn patients. Various types of nutritious and delicious foods were prepared and displayed by the students. All the faculty members of CRP Nursing College (CRPNC), Bangladesh Health Professions Institute (BHPI) as well as staff from other departments also attended the programme. The members of the Cultural Club of CRP Nursing College entertained the visitors with a lively cultural programme in the evening.





All participating organization holding the memento



A person with disability visiting CRP's stall

Jatio Protibondi Unnayan Foundation (JPUF) under Ministry of Social Services organized a Disability Job Fair on 14th and 15th November, 2018 at the Bangabandhu International Conference Centre, Dhaka. The fair was inaugurated by Mr. Zillar Rahman, Secretary of Ministry of Social Services. CRP's Madhob Memorial Vocational Training Institute scrutinized 163 CVs from the job seekers at the fair. A total of 11 trainees from CRP's Madhob Memorial Vocational Training Institute got employed in different garments factories. The fair ended with the speech by Mr. Abul Kalam Ajad, Chief Coordinator of Sustainable Development Goals implementation, Prime Minister's Office, GOB. CRP received a memento as a mark of their active participation in the fair. The dignitaries in the opening and closing ceremonies have praised CRP for its on-going work related inclusive services for people with disabilities in Bangladesh.

World Day of Remembrance for road traffic victims

CRP observed the World Remembrance Day for road traffic victims on 19th November, 2018. The theme this year was "Roads have stories. For happy endings, let's improve road safety". There was an experience sharing session of the road accident victims and the relatives of the deceased in the afternoon at the Reddaway Hall. Then all joined in a prayer for the departed souls who died of road accidents. CRP's Executive director, Shafig-ul Islam, Founder, Dr. Valerie A. Taylor along with other staff and patients attended the programme.



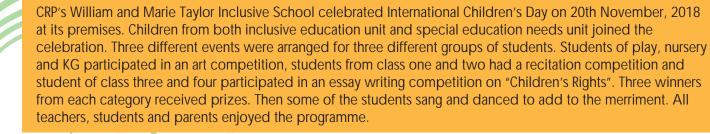
Patients and Staff attending the prayer ceremony

International Children's Day- 2018





Children participating in an art competition





Annual sports and cultural competition of vocational trainees

CRP's Madhob Memorial Vocational Training Institute in collaboration with the Sports Rehabilitation unit and CRP-Ganakbari organized the annual sports and cultural competition for all vocational trainees with disabilities on 27th-28th November, 2018. A total of 81 trainees with disabilities participated in 16 sports events. They also participated in a cultural competition. CRP's Chief of Administration, Shahidur Rahman and Assistant Head of Program, Shahnaz Sultana attended the prize giving ceremony. They encouraged the participants for their active participation and handed over the prizes among the winners.



Vocational trainess participating in the annual sports





Janet Ivin teaching the students



All participants holding their certificates with the trainers and guests

APT Training

CRP's Appropriate Paper Technology (APT) Unit arranged an 8 days training in collaboration with Bangladesh Health Professions Institute (BHPI) in November, 2018. CRP's longstanding friends John Carter and Janet Ivin, experts in APT from UK facilitated this training. John and Janet initiated this art and trained CRP staff to start this department at CRP. APT is a cost-effective way to produce personally designed furniture or other objects for use and creativity and over the years the availability, low cost and versatility of APT has benefited people with disabilities. Through this technology, waste paper can be recycled and transformed into the rapeutic tools, furniture and toys. A total of 11 SAARC students of Master in Rehabilitation Science of 2018-2019 session participated in the training. The trainees came from diverse professional backgrounds. Among them five were Physiotherapists; three were nurses, a Doctor, a Counselor, a Psychologist and a Prosthetist and Orthotist. As rehabilitation professionals the trainees found the training very fruitful as APT is a very new technique for them. They can implement this unique technique at home in their respective fields of work.





Michael with the staff and a patient (first from left) of mental health project

MICHAEL WILLI, GERMANY

My name is Michael Willi and I am from Germany. This is my first visit to CRP. I contacted CRP when I found its webpage in Google.

Professionally I am a psychologist and psychotherapist. I was volunteering in the Counselling Department at CRP Savar and at CRP Gonokbari in the mental health project. I tried to implement some new treatment methods (Relaxation Group and Metacognitive Therapy Group). Furthermore, I shared my experiences and impressions with the staff members.

I always wanted to work abroad in the field of psychology in English. CRP offered me this opportunity. Besides, there was no need to go abroad with the help of a travel agency with expensive fees rather I could contact CRP directly. So, I contacted and finally came to CRP.

I liked the people I met, their openness, the interests and the helpfulness of the people at CRP. I disliked the high language barrier and the lack of English knowledge of some staff members. No blame at all, but this was a huge problem and as a consequence, everything was spoken in Bangla which made volunteering for me quite pointless in some situations.

This experience has widened my horizon.

As of Bangladesh, I have visited Sylhet. It was a very nice, lovely and calm place. The tea gardens were awesome.

I came here on 2nd of August, 2018 and left on 24th of October, 2018.





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Sohan's story

Five years old Sohan, resides in Gopalganj with his family. His family consists of three brothers and a sister. His father lives in Saudi Arabia for his profession. Seven months back, while crossing the road, Sohan met with an accident by a truck. Instantly, he lost his consciousness. He was rushed to Khulna Medical College and Hospital where he was treated for a month.

Then he was shifted to Dhaka Medical College and Hospital where he had a surgery in his spine. Later he was taken back to his home.

Its been two months now that Sohan has been staying in CRP for his treatment. He has now regained his hand muscle strength, he can move around with his wheelchair.

Little Sohan plans to grow up to be a Policeman one day. His therapists say that he is paraplegic and will never be able to walk again. Though he could not do anything by himself but now he has improved functionally. With contineous therapy he will be physically stable and his mental condition will improve if he goes to school.

